



WHAT TO DO IF YOUR SON OR DAUGHTER HAS BEEN DIAGNOSED WITH AN AUTISM SPECTRUM DISORDER



If your son or daughter has been diagnosed with an Autism Spectrum Disorder (ASD), your doctor may have used some of the following medical terms or descriptions.

- ◆ Autism
- ◆ Pervasive Developmental Disorder
- ◆ Asperger's Disorder
- ◆ Retts Disorder
- ◆ Childhood Disintegrative Disorder

These terms may also be used by schools to describe the learning needs of children. While children with an ASD share common behaviors, no two children on the spectrum are the same. The organizations listed below can help parents make decisions about their children, provide support, and offer resources and referrals in your area.



Regional Autism Services Program

The Regional Autism Services Program provides resource and referral services and access to a lending library.

Phone: 319-356-4619

Website:

www.medicine.uiowa.edu/autismservices

Link to *Best Practice Parent Document*:

www.healthcare.uiowa.edu/autismservices/parentinformationbto3.pdf



Early ACCESS Iowa can help determine if your family is eligible for Early Intervention services.

Phone: 1-855-425-4371

Website: www.EarlyACCESSIowa.org



Child Health Specialty Clinics provides family support, information about waivers, and care coordination.

Website: www.chsciowa.org

Phone: 1-866-219-9119



The Autism Society of Iowa provides a monthly electronic newsletter, information about events, opportunities, and conferences, and a lending library.

Website: www.autismia.org

Phone: 1-888-722-4799



The University of Iowa Children's Hospital Autism Center provides parents and teachers with strategies to help children learn in school, play with other children, eat well, and improve their language skills. Help is also available for questions about medication, attention issues, activity level, and problem behaviors.

Phone: 1-855-842-8847