

Objectives and overview for this presentation:

1. Briefly review the characteristics of Naturalistic Developmental Behavioral Interventions (NDBIs), which are interventions for young children with autism.
2. Provide an overview of ImPACT (Improving Parents as Communication Teachers), which is a manualized NDBI used in Iowa.
3. Share video examples of ImPACT techniques and resources for learning more about ImPACT.

- **Navigating Social Situations, Dating and Marriage with Autism – with Brandon Arkland, Margo Dierdorff, and Mike Dierdorff**

Brandon, Margo, and Mike will be on a panel answering questions about college life, dating, marriage, and parenting when one person in the relationship has autism.

Brandon Arkland is a junior at Iowa State University majoring in Business Management. He is employed at the Boone County YMCA as a youth sports supervisor, swim instructor, and life guard. He is doing an internship with Autism Speaks.

Margo and Mike Dierdorff have been married for five years, having met on Christianmingle.com, and are the parents to two sons who are on the autism spectrum. Mike currently works at Adams Thermal in Cedar Falls and does some public speaking on what life is like on the spectrum. Margo works at Grundy County Memorial Hospital as an occupational therapist.

Registration for Fall Conference and Auction

Phone: 515-327-9075 or 1-888-722-4799

Fax: 515-457-7225

Online: www.autisia.org

Mail: P.O. Box 65311, West Des Moines, IA 50265

Name _____

Address _____

City/State/Zip _____

Registration fee (includes lunch)

Early bird (before 11/10/15)

_____ \$40.00 for ASI Members (\$50.00 after 11/10/15)

_____ \$50.00 for non-ASI Members
(\$60.00 after 11/10/15)

_____ \$10.00 ASI Membership Dues

_____ \$10.00 ASI Benefit Auction Registration

_____ Tax deductible donation for scholarship for parent
to attend

_____ \$5.00 Nursing CEU for ISNO Member

_____ \$25.00 Nursing CEU for non-ISNO Member

ISNO # _____

Nursing License # _____

Check Payment: Please make check payable to ASI

Charge Card Payment:

MC Visa American Express

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Exp. Date ____/____/____

3-digit number on back _____

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Please mail to or fax to the Autism Society of Iowa.

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PayPal available at www.autismia.org

Please contact the Autism Society of Iowa for scholarship information.

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Conference Information

Conference Location

Sheraton Hotel of West Des Moines
1800 50th Street, West Des Moines, IA 50265
Phone: 515-223-1800

Rooms have been reserved for the conference participants under the Autism Society Group Block. Rooms will be held until October 22, 2015.

Continuing Education Units

5.5 - Speech language Pathology and Social Work

2.5 - BCBA through The Homestead

.66 - Nursing through the Iowa School Nurse Organization

Provider #68

\$5.00 for members, \$25.00 non-members

Autism Society of Iowa

4549 Waterford Drive
West Des Moines, Iowa 50265

Autism Society of Iowa Fall Conference & Auction



Friday, November 13, 2015

**Sheraton Hotel
West Des Moines**

Keynote Speakers:

Peter Daniolos, M.D.

Todd Kopelman, Ph.D., BCBA

**Suzanne Bartlett, M.D.,
FACOG, ABOIM**

*Audience: Family Members,
Educators, Professionals,
Nurses, Residential Care
Providers, Persons with Autism*

Conference Agenda & Speakers

7:45 – Registration

8:15 – Announcements – Evelyn Horton, President

8:30 – **Autism Spectrum Disorders and Therapeutics: The Role of Medication in Multimodal Interventions presented by Peter Daniolos, M.D. and Applied Behavior Analysis and Evidence Based Treatments presented by Todd Kopelman, Ph.D., BCBA**

As a result of this presentation, participants will learn:

1. Review evidence base of medication use in youth with ASD
2. Review indications and limitations of medication use in youth with ASD
3. Review investigational and novel agents for ASD youth
4. Increase familiarity with Applied Behavior Analysis (ABA)
5. Review results of telehealth-based behavioral treatment for young children with ASD

Dr. Daniolos is a Clinical Professor in Child and Adolescent Psychiatry at The University of Iowa Children’s Hospital, where he serves as the Training Director of the Child and Adolescent Psychiatry Residency Training Program and as the medical director of the Autism Team in Child and Adolescent Psychiatry. He first became interested in working with youth in the autism spectrum largely due to his mentor Margaret Bauman, MD. at Harvard, a renowned researcher and clinician. Prior to moving to Iowa, he served as the Training Director for the Child and Adolescent Psychiatry fellowship at Children’s National Medical Center/ The George Washington University Center in Washington DC, and the medical director of the Center for Autism Spectrum Disorders there, where he worked with a multidisciplinary team engaged in the diagnostic evaluation and treatment of autism spectrum youth.

Dr. Daniolos is a passionate fan of multimodal treatment interventions for youth in the autism spectrum, and deeply values psychosocial interventions, keeping the individual child’s or adolescent’s areas of interest in mind as a guiding beacon for treatment modalities. Included in his “tool box” is the judicious use of medication, primarily to target problematic behaviors so that each child or adolescent can make better use of educational and psychosocial interventions.

Todd Kopelman, Ph.D., BCBA, is an assistant professor in the Dept. of Psychiatry at the University of Iowa. His clinical interests include early identification of autism spectrum disorders and providing behavioral assessment and treatment to children, adolescents and adults with autism and intellectual disabilities. He has served as project coordinator on three federal grants evaluating the effectiveness of

telehealth to coach parents to conduct behavioral assessment and treatment with young children with autism who are engaging in disruptive behaviors. He has also been actively involved in a project funded by the Iowa Department of Education focused on improving the quality of behavioral services delivered in school settings in Iowa.

10:00 – Break and vendor fair opens

10:15 – 11:45 – **Integrative Health and Autism presented by Suzanne Bartlett, M.D.**

Participants will:

- 1) Gain an understanding of integrative medicine, in general, and its applications in autism for families and service providers.
- 2) Learn about current evidence-based complementary and alternative treatments for autism to include information on nutrition and dietary and botanical supplements.
- 3) Explore the role and importance of exercise, stress, sleep, and the mind-body connection in autism.

Dr. Bartlett is physician and medical director of the Mercy Integrative Medicine Center in Cedar Rapids. While practicing obstetrics and gynecology, she completed a prestigious fellowship in integrative medicine with Dr. Andrew Weil at the University of Arizona Center for Integrative Medicine. She has since become Iowa’s first physician to become board certified by the American Board of Integrative Medicine.

Dr. Bartlett’s decision to pursue integrative medicine has been a direct result of her personal experiences with her son’s autism and her husband’s diagnosis and death from cancer. The study of potential environmental exposures and an interest in studying evidence-based complementary and alternative treatments are among her areas of passion. She is continuing an intensive course in herbal medicine with one of her greatest mentors, Dr. Tieraona Low Dog, at this time. A past president of the Autism Society of Iowa, Dr. Bartlett continues to serve on the board of ASI. She is also a member of the University of Iowa Autism Center Advisory Council, an Autism Speaks grass-roots advocacy committee, as well as a local organization called Families and Allies for Autism Reform.

Dr. Bartlett is the author of an award-winning children’s book called “A Friend Like John, Understanding Autism.”

11:45 – Award Ceremony – Evelyn Horton

Noon – Lunch

12:45 – Please select one breakout session:

- **Imagine the Possibilities: Creating Dramatic Worlds with Youth on the Autism Spectrum presented by Gretta Berghammer**

Presentation Description: Drama and theatre are emerging as

powerful interventions in helping youth with autism expand their social, creative and communication skills. Come discover the dramatic links that participation in drama and theatre can offer your student.

Presentation will include:

- Information about program designs
- Links to ABA strategies,
- Results to date and some hands on examples.
- Caution: this could be fun!

Gretta Berghammer teaches coursework in drama education and theatre for youth at the University of Northern Iowa.

In 2010 she founded the Spectrum Theatre program for kids on and off the Autism Spectrum. While open to all young people ages 6 and older, it is specifically designed to provide drama experiences that best support the development of pretend play, social interaction and non-verbal communication. Since 2011 she has been implementing programs in elementary schools, after school programs, and during the summer that focus on the use of drama and theatre to develop key social skills in youth on the autism spectrum and to develop inclusive in classroom and production drama and theatre programs for all students.

In 2014 Professor Berghammer received the Autism Society of Iowa Stephen Tsai Award for Excellence in Autism Education.

- **College Transition for Students with Autism Spectrum Disorders: Presented by Anna Stamat and Scott Steadman**

During this session, participants will learn:

- That students on the autism spectrum can attend college and be successful
- The importance of prepared planning and transition from high school to college
- To discuss support systems that help students be successful in the campus community

Anna Stamat is the coordinator of disability services at Northeast Iowa Community College (NICC). Anna provides personalized assistance to college students with various abilities. As their case manager, advocate and coordinator she provides services to enhance and support their educational experiences at the college. Anna has earned her BS & MS degree’s in Human Services. She was awarded the NICC Calmar Campus Extra Effort Award in 2012 for her services both on and off campus. In 2014, Anna was also honored by the Iowa Association of Community College Trustee’s with the Iowa Outstanding Diversity and Equity Award. Anna currently serves on the Board of Directors for Disability Rights Iowa, Opportunity Homes, Inc. and the Advisory Board for Employment for Everyone.

Scott Steadman currently is the Coordinator of Disability Services for the Peosta Campus of Northeast Iowa Community College. He works with new and returning students with disabilities by helping to provide the

accommodations that they need to be successful in their education. He has his BA in History and MA in Education from the University of Iowa. Prior to his present position, he was the Staff Trainer for Area Residential Care, an agency that helps adults with Intellectual Disabilities.

Barbara Mussman, MS

Barb has worked at Kirkwood Community College for 28 years in a variety of positions and since 2011 has been the Manager of Accommodation Services within the Learning Services Department. We write academic accommodation plans for over 800 students each school year. In the Fall of 2011 we began a program for students with Autism which provides a level of support above and beyond the traditional accommodation plan. Barb has a Master’s degree in Educational Counseling from Iowa State University. She is also a board member of the Iowa-Illinois regional chapter of AHEAD (Association on Higher Education and Disability).

Amanda Thompson, MA

Amanda received her Master’s in Clinical Psychology at the University of Northern Iowa in December 2012. Amanda has been an employee for the past four years at Kirkwood Community College in Cedar Rapids, IA. In her current role, she is an Accommodations Case Manager, oversees Assistive Technology, and coordinates the Focused Skill Training program, an Autism Spectrum Disorder support program.

2:00 – Break

2:15 – Please select one breakout session:

- **ImPACT Your Child’s Social Communication Skills presented by: Kelly Pelzel, PhD, Licensed Psychologist and Molly Jones, MA, CCC-SLP**

Kelly Pelzel, PhD, is a licensed psychologist working at Center for Disabilities and Development, at University of Iowa Children’s Hospital. She received her undergraduate degree from the University of Northern Iowa and her PhD from the University of Utah. Kelly provides clinical assessment and treatment services at CDD. She also is involved with teaching and research. Additionally, Kelly is the clinical coordinator for the UIHC Autism Center. She was trained in ImPACT at Michigan State University in 2013 and was certified in this intervention in 2014.

Molly Jones, CCP-SLP, is a licensed speech language pathologist working at University of Iowa Children’s Hospital. She received her master’s degree and completed a fellowship in Speech-Language Pathology at the University of Iowa, is certified by the American Speech and Hearing Association and was trained in ImPACT at Michigan State University in 2013. Molly states, “My passion is in working with young children with autism and their families. There is no better feeling than entering the world of a child on the spectrum, and helping families learn to connect and communicate with their child in new ways.”

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