## **The Notre Dame SPARC Project**



## Could your family benefit from learning more about communication and conflict resolution?

## PARTICIPATE FROM HOME!

Over the course of a four-week program, families in the SPARC project get information about conflict and how it can impact marital, parent-child and sibling relationships, as well as information on how to resolve conflict and have more productive conversations as a couple and with their typically developing teens. Participation also includes:

- Access to research-based information about family communication and conflict
- Contributing to research by completing surveys and Zoom sessions with our team
- The chance to earn up to \$370 for completing the program



Couples who are married living together with:

1. A typically developing child between the ages of 10 and 18

**AND** 

2. A child of any age who has an intellectual or developmental disability



To learn more, contact us at:

ndsparc@nd.edu

(260)-226-6363

Or <u>click here</u> to sign up!

